

Antarctica 2027/2028

 **Quark
Expeditions®**
Polar-Obsessed Since 1991

Antarctic Peninsula: A Rare Exploration of the Weddell Sea

Onboard *Ocean Explorer*



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Expedition Overview

Antarctic Peninsula: A Rare Exploration of the Weddell Sea

Spend more time in the remote, ice-laden Weddell Sea—home to massive Adélie penguin colonies and colossal tabular icebergs—than you ever imagined possible. While many Antarctic itineraries attempt to include the Weddell, they typically spend just a day or two here.

Our 12-day *Antarctic Peninsula: A Rare Exploration of the Weddell Sea* devotes three to four days in the farthest reaches of the Weddell Sea and Antarctic Sound. In fact, our arrival in Antarctica coincides with the Winter Solstice, December 21, 2027. Guided by our seasoned Expedition Team, this route is designed with maximum flexibility to adapt to shifting conditions and reach rarely visited sites few travelers ever see.

Highlights



Join a rare, in-depth journey into the remote Weddell Sea and Antarctic Sound



Photograph massive flat-topped tabular icebergs



Visit archeological sites amid volcanic and scenic landscapes



See tens of thousands of Adélie penguins



Spot a variety of whales: Humpbacks, minke, fin, and, possibly, killer whales.



Explore off-ship by Zodiac and kayak.



Itinerary

DAY 1 | ARRIVE IN USHUAIA, ARGENTINA

You may arrive in Ushuaia at any time on Day 1. Many guests choose to arrive a day or two before embarkation day to explore this quaint port city at the bottom of South America, and the surrounding region. Based on the arrival information you send in advance, we will arrange for a transfer from the airport to your hotel.

DAY 2 | EMBARKATION

Embarkation will occur in the late afternoon, after which your vessel will sail down the historic Beagle Channel, transecting the Tierra del Fuego archipelago in the extreme south of South America. Expect an air of anticipation as you depart—the next

time you see land, you'll be at the world's most southern continent.

DAYS 3 & 4 | AT SEA: CROSSING THE DRAKE PASSAGE

You have many options of activities during the 800-km (500 mile) Drake crossing. As you gain your sea legs, our Expedition Team will begin their series of presentations to help prepare you for your upcoming Zodiac and land excursions. You officially enter Antarctica when your ship crosses the Antarctic Convergence, a boundary that fluctuates around 60° south. This is also a great opportunity to meet your fellow travelers—many of whom will become friends by the voyage end.



ANTARCTIC PENINSULA:
A Rare Exploration of the Weddell Sea

Onboard *Ocean Explorer*

DAYS 5 TO 9 | ANTARCTIC SOUND AND THE WEDDELL SEA

One word best describes the Weddell Sea and Antarctic Sound: immense. That applies equally to the ice formations, penguin colonies, and vast stretches of sea.

In Antarctic Sound and the Weddell Sea, we will encounter massive tabular icebergs. These bergs don't calve from tidewater glaciers but from ice shelves—and many will dwarf *Ocean Explorer*. Some in the Weddell Sea reach the size of a football field or larger. Their smooth, tabletop-flat surfaces reflect the ocean beneath: flat seas yield flat ice. Ice shelves stretch from land into the sea.

In the northwest corner of the Weddell Sea, penguin colonies can number in the tens of thousands. For travelers seeking Adélie penguins, Antarctic Sound and the Weddell Sea offer prime viewing of this iconic species—the most southerly breeding penguin, and possibly bird, on Earth (though snow petrels, prevalent here, are also a contender for that crown). Gentoo penguins are found here too, and you'll have chances to spot chinstraps. The legendary Snow Hill

Emperor colony lies in this region; while we won't reach it, we may encounter individual members on the ice.

The Weddell Sea is less visited than the Gerlache Strait, not for lack of beauty, but due to its ever-shifting ice. On this voyage, we've added an extra day in this area—time enough for a true adventure into this endless wilderness, and to ensure we can fully embrace the dance with the ice.

In the Weddell Sea, penguins are our priority—but ice will guide our course. Alongside towering tabular icebergs, we'll likely encounter vast stretches of sea ice, more than on the Peninsula's west side. Your Expedition Team and bridge officers will track charts and forecasts, seeking openings to navigate toward the region's highlights, and intentionally visiting the ice edge to maximize our time in this remarkable environment.

Our route will be shaped by sea ice and weather, but every destination—whichever we visit first or last—will be exceptional, evoking words like profound, humbling, and surreal. We'll make every effort to visit large Adélie

penguin colonies—at Brown Bluff, Paulet Island, or Tay Head—ranging from 20,000 to several hundred thousand penguins, including gentoo. Photos and documentaries can't match the experience of standing before tens of thousands of penguins. The sounds alone—partners calling, chicks crying for parents, wind and waves against the shore, and the distant crack of calving glaciers—create an acoustic landscape of pure wildness. Add the sight of a penguin-covered landscape, and you have an encounter that's impossible to replicate.

The currents of Antarctic and Active sounds are mesmerizing. While you're in a Zodiac, you may observe ice—large and small—flowing through narrow straits at several kilometers per hour, a raw display of the power of water. From shore, you may glimpse or sense the ice's movement. Your Zodiac may pass through open water, while your return ride could weave among drifting floes, crackling brash, and scattered bergy bits.

The Weddell Sea is known for superb birdwatching—especially cape, snow, and



southern giant petrels—and the chance to spot Weddell, crabeater, or leopard seals onshore or catching rides on the drifting ice. Sightings may occur near Adélie colonies or at sites like Kinnes Cove and Active Sound.

When ice opens in the Weddell Sea's northwest, whales follow—lured by the feeding opportunities. Humpbacks and minke are most common, with occasional killer whales. Conditions may also allow us to explore areas frequented by fin whales, and possibly southern rights.

For historians, the Weddell Sea brims with stories—from Shackleton's legendary *Endurance* survival and Nordenskjöld's gallows-humored ordeal on *Antarctic* to far older histories told by the 60-million-year-old fossils on The Naze, Vega Island, and Cockburn Island. Fossils are discovered here partly because large areas remain relatively snow-free. Volcanic activity has painted these sites—as well as Brown Bluff on the Peninsula's mainland—in rich reds, burnt oranges, and chocolate browns. In a landscape dominated by white, gray, and blue, these colors add a vivid layer

to a region steeped in both human and ancient geological history.

This itinerary offers the best of a polar expedition—soak in the vastness of the Weddell Sea and Antarctic Sound from your ship, then get up close to stunning geological formations by Zodiac or kayak.

DAYS 10 & 11 | AT SEA: HOMEWARD-BOUND ACROSS THE DRAKE PASSAGE

The journey back across the 800-km (500 mile) Drake Passage provides final opportunities to enjoy the crisp Antarctic air, spend time on the outer deck watching for seabirds and whales, or attending one of our team's expert-led polar presentations.

DAY 12 | DISEMBARK IN USHUAIA

Your ship is scheduled to arrive in Ushuaia between 7 a.m. and 8 a.m. Once the ship has docked, you will bid farewell to your Expedition Team and shipmates before completing your disembarkation. You are then free to take advantage of the included transfer to the airport or, depending on the time of your flight, explore the town on your own and take a taxi to the airport later.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.





Arrival and Departure Details, and International Flight Planning



Arrival Day and Embarkation

DAY 1 — ARRIVAL IN USHUAIA AND HOTEL NIGHT

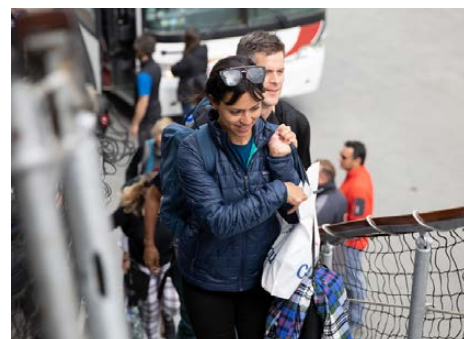
You may arrive in Ushuaia at any time during Day 1 of your itinerary. Ushuaia and its mountainous surroundings are destinations worth exploring, so we do encourage you to arrive a day or two before your expedition. Based on the arrival information you send us, we will arrange for a transfer from the airport to your hotel.

A Quark Expeditions representative will be available to answer your questions in the lobby of your hotel in Ushuaia during your optional pre-departure briefing on Day 1, at 6 pm.

DAY 2 — EMBARKATION IN USHUAIA

On the morning of Day 2, your luggage will be collected from the lobby of your hotel, transferred to the ship and stored in your cabin.

Ship embarkation will occur on Day 2 of your itinerary, usually around 4 pm. You and your shipmates will meet at a designated location near the pier, and board the waiting buses for transfer to the ship. Information about embarkation will be posted in your Ushuaia hotel and discussed during your optional pre-departure meeting on Day 1.



Final Day and Departure

DISEMBARKATION IN USHUAIA AND ONWARD

Your ship is scheduled to arrive at the pier in Ushuaia, usually between 7am and 8am. Once the ship has docked, you will bid farewell to your Expedition Team and shipmates before completing your disembarkation. The process takes about an hour.

Weather conditions can always change our arrival times, and airline schedule changes have also been known to occur in Argentina. Please book your flight home from Ushuaia to depart as late in the day as possible or at a date after the end of your expedition. If you have booked a flight that departs before noon on the date that your expedition ends, you will be at risk of missing your flight.

Quark Expeditions staff in Ushuaia will reconfirm your domestic flight 48 hours prior to disembarkation, provided you give your information to our team ahead of time.

Arrival and Departure Transfers

USHUAIA AIRPORT TRANSFERS

ARRIVAL: A group transfer in Ushuaia is included from the airport to your included pre-expedition hotel on Day 1 of your itinerary.

DEPARTURE: A group departure transfer is included from the ship to the airport on the final day of your itinerary. If your flight is later in the day, you may opt to transfer to our luggage storage facility instead and enjoy further activities in Ushuaia on your own. Access to luggage storage is available until 6pm on the disembarkation day only. You will need to arrange your own transfer to the airport if you do not take advantage of the included transfer or if you are leaving Ushuaia after the disembarkation day.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions at least 30 days prior to traveling.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel will be indicated on your final voyage confirmation. Ushuaia accommodations trend toward mid-range properties, and hotel space is limited. A particular property cannot be guaranteed, but space is most often booked at Hotel Las Lenguas, Hotel Los Acebos, and Albatros Hotel. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.





OCEAN EXPLORER

The modern and elegant *Ocean Explorer* is one of the newest additions to our fleet. The 142-passenger vessel features the ULSTEIN X-BOW®—cutting-edge marine engineering that ensures smooth, comfortable sailing.

Spacious cabins feature bespoke Scandinavian design, most with verandas. Located at the bow is the two-story, light-filled library, which introduces a welcome airiness to the ship. *Ocean Explorer* guests have access to ample outdoor viewing areas and multi-height outer decks, ideal for long-view photography and wildlife viewing.

A fleet of 15 Zodiacs ensures guests disembark quickly and safely for unforgettable off-ship adventures. *Ocean Explorer* has an industry leading mix of sustainability systems, including fuel-efficient Rolls Royce engines.

Wellness options on *Ocean Explorer* feature VOYA spa treatments, sauna and Jacuzzi hydrotherapy, morning stretch sessions, a gym, and health-conscious dining—everything you need stay healthy throughout your expedition.

SHIP SPECIFICATIONS:

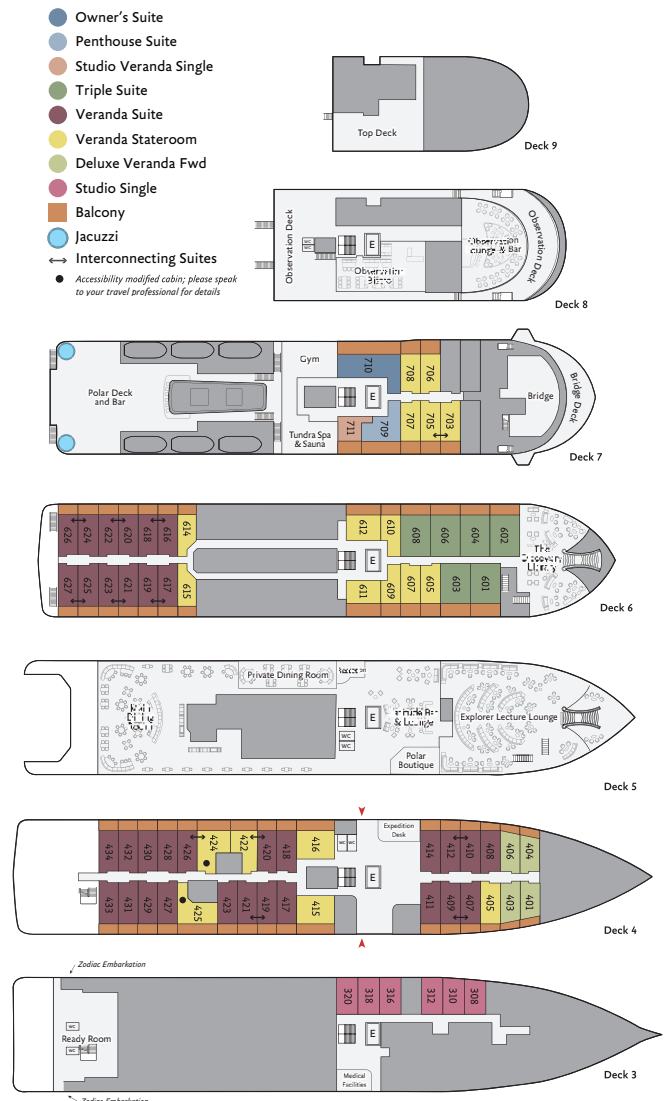
Staff and Crew: 105

Guests: 142

Lifeboats: 2

Ice Class: 1A, PC6

Visit QuarkExpeditions.com to view deck plan details.





Included Activities

These are included in your trip package.



Ready for a little adventure beyond your ship? Each Quark Expeditions voyage offers a variety of immersive off-ship activities to enhance your polar experience.

ZODIAC CRUISING

Zodiacs—rugged inflatable watercraft—are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition

staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

HIKING

Hiking in Antarctica is free-form and supervised by our expert staff, who set out a perimeter or paths at each landing site within which you are free to explore. While you hike, staff will be available to enhance your experience by answering questions about the wildlife, history and geography of the area.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Antarctic waters under the watchful eye of our staff—and just about every single camera on board.

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guide will help you hone your skills to capture the beauty of the polar regions.

More information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.



Adventure Options

These activities cost extra and must be booked in advance of your trip.



PLEASE NOTE

Pre-booking is required for all paid activities. We recommend booking early, as spaces fill quickly.



PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of paddlers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Pre-book into one of two priority groups. Any subsequent excursions can be booked on board, and groups will be assigned via a lottery as spaces are limited.



SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.



The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.



Departure Date

Antarctic Peninsula: A Rare Exploration of the Weddell Sea

OCEAN EXPLORER

<i>Dates</i>	<i>Days</i>	<i>Start / End</i>		
ANTARCTIC 2027/2028				
DEC 18 - 29, 2027	12	Ushuaia	\$	\$

Raise a Glass and Stay Connected.
See below for specifics on our complimentary Wi-Fi and bar service..



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

For all voyages:

- An official Quark Expeditions parka to keep
- Leadership throughout the voyage by our experienced Expedition Team, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage.
- Complimentary select beer, wines and cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting your expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- Hair dryer and bathrobes in every cabin

- Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.) Note: Internet access in the polar regions is subject to geography, climate, and other factors beyond our control.
- All miscellaneous service taxes and port charges throughout the program
- All luggage handling aboard the ship
- Group arrival transfer in Ushuaia from airport to pre-expedition hotel on Day 1
- One night's pre-expedition hotel accommodation in Ushuaia with breakfast. (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
- Group transfer from hotel to ship on embarkation day
- Group departure transfer upon disembarkation in Ushuaia from ship to local airport or to luggage.

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

For all voyages:

- International airfare
- Passport and applicable visa expenses
- Government arrival and departure taxes not mentioned
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac landing and cruising excursions, or any other gear not mentioned
- Laundry, bar, spa services and other personal charges, unless specified
- Phone charges may vary by location
- Our basic complimentary Wi-Fi service does not include Premium packages which enable more data-intensive applications
- Voluntary gratuity at the end of the voyage for expedition staff and shipboard crew
- Additional overnight accommodation
- Arrival and departure transfers, except where explicitly stated
- Adventure Options not listed in Included Activities.



Your Expedition Team

Our Expedition Leaders are proudly and unapologetically polar-obsessed. They focus exclusively on Arctic and Antarctic exploration, and they draw on 34 years of polar expertise. They obsess over every detail of your voyage—on ship and off ship. Our Expedition Leaders spend their careers—it's a life calling, actually—feeding and sharing their passion for the Polar Regions. And they're driven to ensure you experience polar moments no one else can offer.

Our Expedition Leaders are experts in polar history, marine biology, glaciology, ornithology photography and other subjects. They're trained to handle the unexpected. All staff undergo comprehensive training at Quark Academy, which provides hands-on polar expedition training to new and experienced team members.





One of the many historic churches in Buenos Aires



Iguazú Falls



Ushuaia Maritime Museum

Extend Your Trip

PRE- AND POST-EXPEDITION TRIP EXTENSIONS

Since you're traveling such a long way, you may want to spend extra time in Buenos Aires. We have a variety of pre- and post-expedition packages in this captivating city, known as the tango capital of the world. Enjoy an extensive city tour, take in a tango show and explore the unique neighborhoods of Recoleta, Palermo and San Telmo. Savor Argentine barbecue at a steakhouse (*parrilla*), then stroll the tree-lined boulevards and marvel at the historic architecture.

Take an extended tour from Buenos Aires to Iguazú Falls, and, if you're daring, walk the catwalks over the falls.

Upon arrival in Ushuaia, you can take in its unique museums, incredible hiking, and Patagonian cuisine. Spend a day in nearby Tierra del Fuego National Park, marvelling at the mountains, birdlife, waterfalls and forests.

To discover the best options for extending your adventure, get in touch with your Travel Professional or a Polar Travel Adviser for seamless, worry-free booking of all trip extensions.

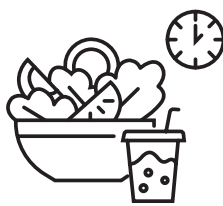


On-Ship Dining

Every on-board meal is included in the cost of your trip.



10 BREAKFASTS



10 LUNCHES



10 DINNERS

If there's one constant on board, it's incredible food. You enjoy three delicious meals daily—all included. Let us know before your expedition about any dietary restrictions.

Breakfasts and lunches are typically buffet-style, while dinners are plated. À la carte meals are made at the time of your order, ensuring top quality every time.

Coffee, tea, cocoa, and water stations are available—at no charge—24/7.

Complimentary soft drinks and juices are served during meals and when the bar is open. Bonus: enjoy complimentary alcohol throughout your voyage (see "Raise A Glass" sidebar for details).

Premium wines and champagne are available for purchase. Our well-stocked bars are open late morning, afternoon, and evening—hours may shift slightly to accommodate the expedition schedule.

Raise A Glass

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinner—throughout your voyage—as part of our "Raise A Glass and Stay Connected" Program.



Possible Excursions

ACTIVE SOUND

A long, narrow body of water, Active Sound separates Dundee and Joinville islands. The currents here can be extreme, making for fascinating displays of drifting pack ice and icebergs. We may Zodiac cruise among the ice and possibly spot flocks of cape petrels foraging in the rich waters.

BROWN BLUFF

A dormant volcano, Brown Bluff towers 2,225 feet (678 meters) over the rookeries of Adélie and gentoo penguins, which number in the thousands. We occasionally see leopard and Weddell seals, too. These penguins will create a symphony of background noise while you explore the bluff. The mainland landing is marked with beautiful towering red-and-orange cliffs. Snow petrels also nest here.

DEVIL AND VEGA ISLANDS

Devil Island is 1.6 km (one mile) long with a low summit at each end (twin horns), hence the name. Guests can hike to the summits to observe the Adélie penguin colony and enjoy 360 degree views of Vega Island and the northern Weddell Sea. Grounded bergs in the shallows at low tide provide a surreal touch to the experience.

KINNES COVE

Kinnes Cove is a small, sheltered inlet on the western shore of Joinville Island. Here, we aim to offer sea kayaking, paddling, Zodiac cruising, and a challenging hike for those who are interested. From this coastal vantage point, you can enjoy sweeping views of the Adélie penguin colonies atop the hill, framed by a surrounding mountainous amphitheater.



THE NAZE

The Naze is an ice-free peninsula near the northern edge of James Ross Island. Accessing this location can be difficult, as experienced by early explorers such as James Clark Ross and Otto Nordenskjöld. In summer, its open terrain offers excellent hiking in a crevasse-free landscape. Burnt orange and rusty red volcanic rocks contrast beautifully with the surrounding blue-white ice. Remarkably, this is one of the few places in Antarctica where dinosaur fossils have been found. Near the landing site between James Ross and Vega islands, drifting sea ice and both irregular and tabular icebergs may be visible.

PAULET ISLAND

A relatively small island in the northwest corner of the Weddell Sea, Paulet Island is home to an estimated 100,000 breeding pairs of Adélie penguins. The island itself is volcanic, with the cone's summit extending nearly 350 meters above sea level. The island was critical in the perilous story of Swedish explorer Otto Nordenskjöld and his crew, and there is a monument here to commemorate that epic story of Antarctic survival.

SOUTH SHETLAND ISLANDS

Approximately 120 kilometers (75 miles) north of the Antarctic Peninsula, the South Shetland Islands are often the first stop en route to Antarctica. This archipelago offers slightly more temperate conditions than the Weddell Sea. You may spot chinstrap and gentoo penguins, while the surrounding waters are frequented by humpback and fin whales—sometimes even pilot whales. Rich in history, these remote, pristine islands bear the legacy of early European exploration, sealing, and whaling.

TAY HEAD

Tay Head is a striking headland at the northeastern tip of Joinville Island, its rocky mass thrusting boldly from the rugged, icy landscape. This prominence has long served as a vital landmark for navigation and exploration in the region. Framed by this dramatic backdrop, visitors can observe an array of wildlife, including Adélie and Weddell penguins, fur seals, and giant petrels.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, the ice and the weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.



What to pack on your Antarctic expedition

BY SEA

All transfers ship to shore and Zodiac/ship cruising.

- ☐ Waterproof pants (mandatory for every Zodiac ride)
- ☐ Base-layer wool or synthetic top*
- ☐ Base-layer wool or synthetic bottom*
- ☐ Mid-layer warm or fleece top*
- ☐ Mid-layer warm or fleece bottom*
- ☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- ☐ Glove liners * ☐ Hand and feet warmers* ☐ Binoculars
- ☐ Waterproof gloves or mitts (bring an extra pair)
- ☐ Scarf, buff, or other face protection
- ☐ Warm hat that covers ears (bring an extra)
- ☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera and gear dry)
- ☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- ☐ Ski goggles (for Zodiac cruising on snowy or windy days)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- ☐ Hat, buff or scarf (for wind and weather protection)
- ☐ UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)
- ☐ Collapsible walking sticks for hikes (if required)
Quantities are available to borrow on every vessel
- ☐ Additional reusable (thermos-regulating) water bottle
(in addition to the reusable collapsible water bottle provided)

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

TO WEAR ON BOARD

- ☐ The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center)
- ☐ Swimsuit (for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Earplugs and eye masks for sleeping
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Credit card and small amount of local currency (see pre-departure book for more details)

- › To view our packing checklist online, visit:
QuarkExpeditions.com/What-to-Pack/Antarctica
- › Related topics are covered on our Frequently Asked Questions page:
QuarkExpeditions.com/Frequently-Asked-Questions



Scan this QR code or [click here](#) to watch our video on what to pack before you go.

WEATHER CONDITIONS AND TEMPERATURES

Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



To book your next adventure
Contact your Travel Professional
or a Quark Expeditions®
Polar Travel Adviser

Toll free and local numbers:

North America (Toll Free) 1 888 332 0008

U.K. Tel +44 203 514 2712

U.K. (Toll Free) 0 808 120 2333

Australia Tel +61 2 72580333

Australia (Toll Free) +61 1800 953518

France Tel +33-1 80 14 01 05

France (Toll Free) 08 05 08 66 46

[QuarkExpeditions.com](https://www.QuarkExpeditions.com)

Photos captured with a telephoto lens from a responsible
distance, following regulatory/AECO guidelines.

PHOTO CREDITS: (over all Expedition Brochures for the Arctic 2027 season):

Acacia Johnson; David Merron; Nicky Souness; Samantha Crimmin; Sam Edmonds; Michelle Sole; Cindy Miller
Hopkins; Sue Flood; Hugo Perrin; Peter Lindstrom; Gajan Balan; Jonas Fellenstein; Nicolas Singh; Rogelio Espinosa;
Grange Productions; Fokus Productions; Adobe Stock; iStock

EXPEDITION BROCHURE
December 2, 2025

P O L A R

O B S E S S E D

S I N C E

1 9 9 1