Arctic 2027

Quark Expeditions®
Polar-Obsessed Since 1991

Greenland to Newfoundland: Mountains, Wildlife and Viking History

Onboard *Ultramarine*



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Photos captured with a telephoto lens from a responsible distance, following regulatory/AECO guidelines.



Expedition Overview

Greenland to Newfoundland: Mountains, Wildlife and Viking History

Our 14-day *Greenland to Newfoundland: Mountains, Wildlife and Viking History* starts with a charter flight from Reykjavik, Iceland, to your embarkation port in Kangerlussuaq, West Greenland. Within a few days we'll cross the Davis Strait to Nunavut, then south to Labrador, and ultimately to St. John's, Newfoundland. This itinerary allows guests to immerse themselves in a cross-section of cultural traditions: Greenlandic culture in places like Sisimiut; Inuit and Nunatsiavut culture in Nunavut and Labrador; Viking history at l'Anse Aux Meadows in Newfoundland; then the welcoming East Coast hospitality of St. John's, famously steeped in Celtic music. You'll even get to enjoy a Down East Kitchen Party.

Highlights

- Witness unsurpassed views of the Arctic wilderness during a heli-flightseeing excursion
- Experience both Arctic and boreal environments
- Witness countless icebergs at Ilulissat Icefjord
- Visit the Viking ruins at l'Anse aux Meadows UNESCO site
- Explore Torngat Mountains National Park
- Experience northern Indigenous cultures in Greenland and Labrador
- End your voyage in St. John's, Newfoundland, one of the oldest cities in North America.







Itinerary

DAY 1 | ARRIVAL IN ICELAND

Upon arrival at Keflavik International Airport (outside Reykjavik), make your way to the nearby group hotel, included in the Charter Flight & Hotel Package. You will have the rest of the day to explore fascinating Reykjavik, known for its Norse history and stunning architecture. Make sure you allow for a one-hour transfer (by taxi or public transit) from the Keflavik hotel and airport area to Reykjavik city centre.

DAY 2 | FLY TO KANGERLUSSUAQ, GREENLAND, AND EMBARK ON ULTRAMARINE

This morning you'll catch your charter flight to Kangerlussuaq, Greenland, where you'll board your vessel and begin your expedition. Get ready for great adventures ahead. Expect a welcome and safety briefing from your Expedition Leader.

DAY 3 | EXPLORE SISIMIUT

Today we'll explore in the Qeqqata Municipality on the west coast of Greenland along the Davis Strait.

You will have time to wander through the historic town of Sisimiut, where several 18th-century colonial buildings still stand, one of which is Bethel Church. Just look for the striking blue-and-red wooden place of worship. Today's activities also include a demonstration of the traditional art of kayak making. Experiencing a cultural resurgence, the kayak is a symbol of Greenland and can be traced back over 4,000 years to the Inuit, who used the vessels for hunting and transportation. We also aim to team up with our local mountain-biking partners in Sisimiut, exploring trails that lead outside the town limits.



GREENLAND TO NEWFOUNDLAND: Mountains, Wildlife and Viking History

Onboard *Ultramarine*

Flight from Reykjavik to Kangerlussuaq

DAY 4 | ILULISSAT: ICEBERG VIEWING AT THE UNESCO WORLD HERITAGE SITE

Ilulissat, Greenlandic for icebergs, is one of the highlights of any journey along west Greenland. Declared a UNESCO World Heritage Site in 2004, Ilulissat Icefjord gives birth to countless icebergs. In fact, it's home to one of the most productive glaciers in the northern hemisphere, Sermeq Kujalleq (also known as Jakobshavn Glacier). A Zodiac excursion is a unique way to enjoy the spectacle of enormous bergs floating out to Disko Bay. We plan to Zodiac cruise ashore to visit the nearby town of Ilulissat, and from there we'll hike to the icefjord, where you can view this incredible parade of icebergs from the rocky shore.

Expect to see a lot of dogs while you're in town. There was a time when sled dogs actually outnumbered citizens in Ilulissat, which, unsurprisingly, is the birthplace of the first European to traverse the Northwest Passage by dogsled, explorer Knud Rasmussen. If time allows, you can visit a local museum dedicated to his memory.

DAY 5 | AT SEA: CROSSING THE DAVIS STRAIT

As your ship navigates across the Davis Strait, onboard polar experts will present on a variety of topics such as glaciology, history and wildlife. You may even get a taste of the traditional music of Newfoundland and Labrador and learn about the origins of the famous kitchen party tradition (see page 5). We will also use this time to assess heli flightseeing opportunities amidst the incredible topography of South Baffin Island, Newfoundland and Labrador.

DAY 6 | PANGNIRTUNG: STRONGHOLD OF INUIT CULTURE

Today is our first day exploring the Canadian Arctic as we arrive in Nunavut, Canada's youngest territory. Nunavut, which means "our land" in the Inuktitut language, stretches north of the Arctic Circle and covers over 1.8 million square kilometers (695,000 square miles), and is considered the homeland of the Inuit in Canada. Guests will get to spend time in Pangnirtung, located at the mouth of Pangnirtung Fjord, which merges with Cumberland Sound. It's a stronghold of the Inuit community, and an ideal place to learn about Inuit culture while admiring finely crafted traditional art, especially the textiles. You may want to purchase a famous Pang toque, a must-have knit cap for anyone visiting the community.

DAY 7 | MONUMENTAL ISLAND: ICE, WILDLIFE AND HISTORY

Located just off the southeast shore of Baffin Island, Monumental Island—Oomienwa in Inuktitut—was named by Arctic explorer Charles Francis Hall in tribute to Sir John Franklin, who vanished searching for the Northwest Passage. Like the adjacent lands, the island is barren, rocky, and windblown. Yet, positioned at a confluence of currents, it hosts prolific numbers of black guillemots in peak summer, nesting, incubating, and fledging.

Monumental is also known for massive walruses with impressive tusks, often



seen in groups at haul-outs. If the wind is right, you'll smell them before you see them. Shoals here capture massive icebergs drifting south, and Zodiac cruising on the edge of Davis Strait—linking Baffin Bay to the Labrador Sea—is unforgettable.

DAYS 8 & 9 | TORNGAT MOUNTAIN NATIONAL PARK: EXPLORING THE BOREAL WILDERNESS

Torngat Mountains National Park will leave you awestruck. Within the 10,000 square-kilometer (3,861 square mile) national park, established in 2008, are Canada's highest mountains east of the venerable Rockies. The park is a wilderness landscape painting brought to life: breathtaking fjords, dramatic glacial formations, stunning landscapes, boreal woodlands and wildlife.

For students of Indigenous history, Torngat Mountain National Park is especially meaningful: the park is located at the northern edge of semi-autonomous Nunatsiavut territory, which was recognized as the homeland of the Labrador Inuit in 2005, operating under its own constitution and administration. In fact, these lands have been home to the Nunatsiavut and their predecessors for over 7,500 years. We are honored to explore this majestic wilderness territory with you. Torngat, in Inuktitut, means "place of the spirits," which reflects the spiritual significance of the region to the Inuit communities.

As a national park, this wilderness domain offers protection to boreal woodland caribou, black bears, Labrador wolves, red and Arctic foxes, polar bears, and peregrine falcons, among other species. You will have opportunities to explore this national wilderness area during Zodiac and kayaking excursions, as well as guided hikes.

DAY 10 | NAIN, NUNATSIAVUT: HOME OF THE LABRADOR INUIT

Nain, which has a population of approximately 1,200, is the administrative capital of Nunatsiavut, the semi-autonomous region in northern Labrador claimed by the Inuit. Visitors can learn about Labrador Inuit heritage through interactive exhibits, artwork, and cultural programs at the very modern-looking Illusuak Cultural Centre. Then, to learn about the other cultural group that influenced the region, stroll through town to discover the historic Moravian Mission complex, established in 1771. The white-painted church and mission house bear witness to centuries of cultural exchanges between the Inuit and European missionaries. You'll have time to engage with friendly locals to hear stories passed down through the generations, and sample traditional foods like arctic char and cloudberries. There will be a



guided hike to take in breathtaking vistas of the surrounding mountains and sea.

DAY 11 | AT SEA

As our ship heads south, enjoy the views of the Labrador coast. While at sea for the day, join expedition staff out on deck as they look for whales and birdlife. This is also your chance to relax with a glass of wine or hot tea and simply take in the wondrous beauty around you.

DAY 12 | L'ANSE AUX MEADOWS: VIKINGS IN NORTH AMERICA

Consider the wooden longboats that transported the Vikings an incredible 2,180 kilometers (842 square miles) from Greenland to Newfoundland in 1000 AD. Today, you're going to visit the archeological remains at the place they landed in their hand-hewn vessels. L'Anse aux Meadows National Historic Site (also a recognized UNESCO World Heritage Site) is the only confirmed Norse or Viking settlement in North America. Join a guided tour to see where Norseman Leif Erikson, son of Erik the Red, is believed to have founded "Vinland" (the East Coast area including what would later be known as Newfoundland) around 1000 AD. Explore the reconstructed sod huts and Norse ruins throughout the historic site—proof that Vikings discovered North America 500 years before Christopher Columbus' much-chronicled arrival.

DAY 13 | AT SEA

Your final at-sea day is a great opportunity for you to ask any lingering questions you have for our team of onboard experts, attend one last presentation, or relax in one of the outdoor Jacuzzis.

DAY 14 | DISEMBARK IN ST. JOHN'S, NEWFOUNDLAND

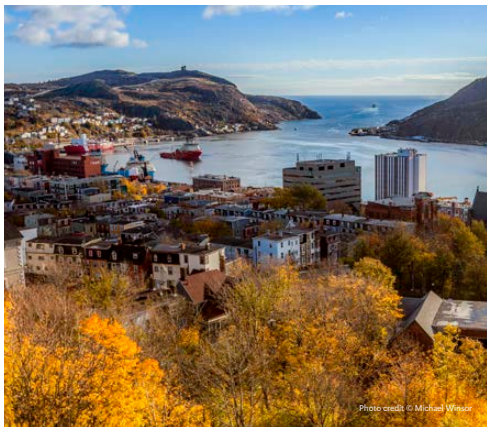
Your ship arrives at the pier in St. John's for a morning disembarkation. After breakfast, you may make your way to St. John's International Airport to connect with your onward flight, or stay longer if you have booked additional accommodation.

DOWN EAST KITCHEN PARTY

Just as our on-board experts will chronicle the histories of the diverse places we visit on this 17-day journey, we'll also highlight a popular music tradition of Newfoundland, our final stop. With performances by talented musicians from Atlantic Canada, guests will enjoy Down East Kitchen Party entertainment on most nights of the voyage. Expect lively music—and a rollicking good time.







NEW IN ARCTIC 2027



SCIENCE PROGRAM IS ONLY AVAILABLE ON ULTRAMARINE

Science & Discovery

A new initiative designed to foster community, curiosity and education.

Beginning in our Arctic 2027 season on select *Ultramarine* itineraries, Quark Expeditions is collaborating with leading scientists and researchers to enrich guest learning on- and off-ship.

Guest Engagement: Through researcher-led sessions, and interactive learning and field experiences with our expedition team, guests will gain a better understanding and appreciation of the polar wilderness.

This Science & Discovery program will enable guests to:

- **Interact and connect with scientists and researchers** who are actively collecting data during expeditions.
- **Participate in citizen science programming** to broaden their understanding and knowledge of the incredible polar ecosystem.
- **Work with our expedition team** to help collect and record data, ranging from experiences such as conducting seabird surveys on deck to documenting whale sightings on Zodiac excursions or joining interactive sampling activities to measure water conditions.

SCIENCE IN THE FIELD

Quark Expeditions supports academic research through partnerships with institutions such as Seabird Watch to deepen our understanding through access to projects that are contributing to published research and projects of high importance.

CITIZEN SCIENCE

In collaboration with the Polar Citizen Science Collective and Fjord Phyto, guests can engage in meaningful scientific data collection that supports targeted field research for projects like Happywhale.

QUARK SCIENCE HUB

This designated space on *Ultramarine* enables guests to share knowledge, information and insights with scientists, researchers, and our Expedition Guides.

Gather with scientists, researchers and expedition guides to share findings and insights from the voyage.

Engage with interactive digital displays featuring multimedia content for self-guided discovery even when staff aren't present.

Learn how data collection methods, such as drones, wildlife tags, and biopsy and guano sampling, enable us to study the health, population, and migratory pathways of unique birds, whales, and seals.

Review and discuss observations and explore samples collected during science Zodiac cruises with other participants.

Note: The Science Hub is open to guests for self-guided exploration when staff are otherwise occupied.

THE POLAR COLLECTIVE
protect the poles together.

SEABIRD WATCH



Arrival and Departure Details, and International Flight Planning

DAY 1	DAY 2	EXPEDITION DAYS	DISEMBARKATION DAY
*International flight in** Arrival and hotel night	Charter flight to embarkation point and embarkation	On ship or landing days	Disembarkation and International Flights Onward

* *Arrive anytime on Day 1 or earlier.*

International flights are not included in the cost of the voyage.

Arrival Day and Embarkation

DAY 1 — ARRIVING AND HOTEL NIGHT IN ICELAND

You may arrive at any time during Day 1 of the itinerary. Make your own way to the group hotel, conveniently located in Reykjavik City Center. A Quark Expeditions representative will be available in the lobby later in the day to answer any questions.

DAY 2 — TRANSFER TO AIRPORT, FLIGHT TO KANGERLUSSUAQ, GREENLAND, FOR EMBARKATION

On the morning of Day 2, guests and their luggage will be transferred to the airport for the flight to Kangerlussuaq.

Upon arrival at Kangerlussuaq, guests and their luggage will be transferred to the pier, where they will be transported to their awaiting ship by Zodiac.

PLEASE NOTE

There is a strict luggage weight limit on checked luggage and cabin baggage on the flight between Reykjavik and Kangerlussuaq. There is NO option to pay for additional luggage. Also, luggage cannot be stored due to the route of the expedition.

You will find in your final documents:

- Luggage weight restrictions on charter flights.
- Hotel information and check in time
- Charter flight time to embarkation point
- Embarkation plan

Final Day and Departure

DISEMBARKATION IN ST. JOHN'S, NEWFOUNDLAND

You will disembark your ship at the pier in St. John's.

DEPARTING FROM ST. JOHN'S, NEWFOUNDLAND

After disembarkation, you may make your way to the airport to connect with your homeward flight, or stay longer in historic St. John's if you have booked additional accommodation.

Arrival and Departure Transfers

AIRPORT TRANSFERS

Arrival and departure transfers are not included in either Reykjavik or St. John's. If you require a transfer, you will need to arrange your own transportation. Most airports we travel in and out of have reliable taxi ranks in the arrivals area, or you can often pre-book a transfer online.

PLEASE NOTE

Hotel Accommodations:

The Charter Flight & Hotel Package for this expedition includes one night's accommodation (on Day 1) at a hotel in Reykjavik City Centre.





ULTRAMARINE

The technologically advanced *Ultramarine* is built to go beyond the familiar in polar travel and to immerse guests in the best the region has to offer.

Equipped with two twin-engine helicopters and 20 quick-launching Zodiacs, *Ultramarine* offers the industry's largest portfolio of off-ship adventures. The vessel features the most spacious suites in its category, fine dining, breathtaking public spaces, exceptional wildlife-viewing areas, and sustainability systems that exceed industry standards. *Ultramarine* also features an onboard Science Hub, the centerpiece of our Science & Discovery program.

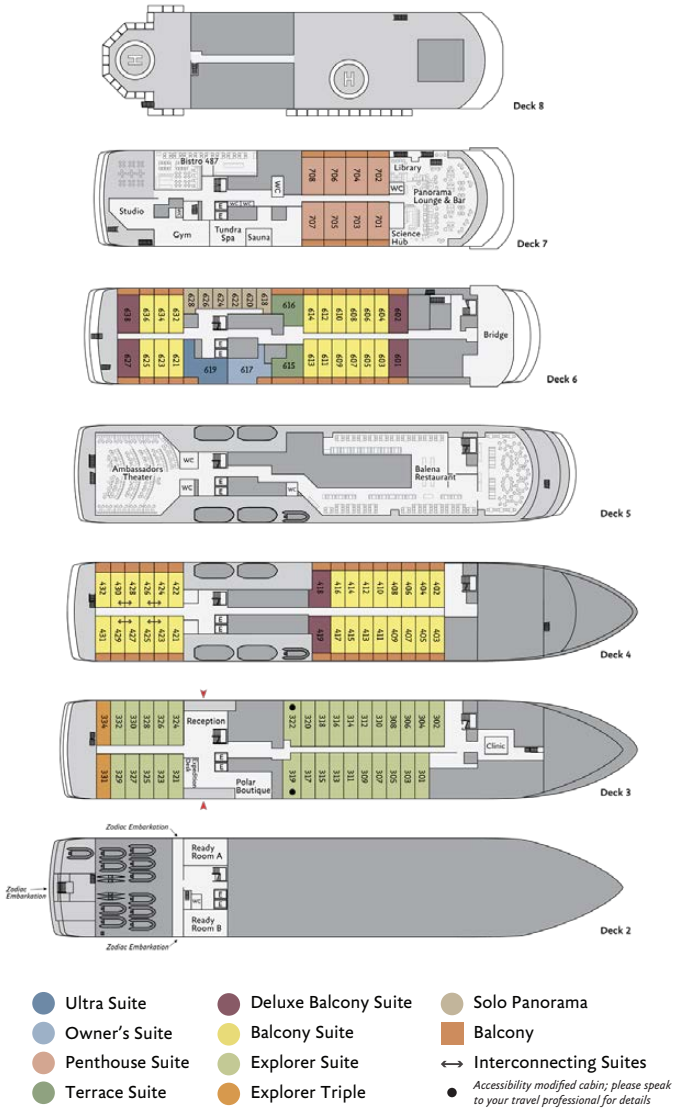
Wellness amenities include Tundra Spa with VOYA treatments, morning stretch classes, a sauna, a fully equipped fitness center, and health-conscious dining designed to restore balance and vitality at sea.

Ultramarine is designed to deliver unforgettable polar memories.

SHIP SPECIFICATIONS:

Staff and Crew: 140
Guests: 199
Lifeboats: 4, fully enclosed
Ice Class: PC6

Visit QuarkExpeditions.com to view deck plan details.





Included Activities

All of these activities are included in the price of your trip.

Ready for a little adventure beyond your ship? Each Quark Expeditions voyage offers a variety of recreational activities to enhance your polar experience.

FLIGHTSEEING

While polar landscapes are spectacular from the sea, they're even more stunning from the air, a view you can enjoy while seated in one of the two twin-engine helicopters stationed on *Ultramarine*. Typically in groups of fewer than 10, you will experience an unforgettable aerial tour of the Arctic during a 10- to 15-minute flightseeing excursion that's included in the cost of the voyage. Additional helicopter activities may also be available for purchase on board. Please note: all helicopter operations are weather- and logistics-dependent.

COMMUNITY VISITS

Thanks to Quark Expeditions' partnerships throughout the Arctic, our expedition team will plan community visits—dependent, of course, on weather and ice conditions. These community opportunities—always coordinated in advance with the collaboration of local partners—enable guests to learn more about Indigenous cultures, as well as the traditions, food and history of the places they visit.

HIKING

Led by experienced staff, exploring on foot is one of the best ways to appreciate the polar landscapes. Our guides are able to accommodate a range of skill levels.

PRESENTATIONS

Enjoy daily presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guides will help you hone your skills to capture the beauty of the polar regions.

ZODIAC CRUISING

Zodiacs are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Arctic waters under the watchful eye of our staff—and just about every single camera on board.

Contact your Polar Travel Adviser or your Travel Professional for more information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost.



Adventure Options

All of these activities cost extra and should be booked in advance of your trip.

PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of passengers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Two groups of 10 will be pre-booked, and once successfully completed, any subsequent outings will be offered via lottery on board.

TUNDRA TO TABLE: INUIT CULINARY EXPERIENCE

This one-of-a-kind adventure into the culinary traditions of the Inuit in Greenland and Nunavut is hosted by Inuit chefs who are experts in Indigenous cuisine. Tundra to Table was developed in partnership with Igapall, a non-profit Inuit food and cultural group. Guests enjoy four courses of modern Inuit fusion-style cuisine while chefs talk about the origins of the food and elements of Inuit cooking. The dinner, featuring regional tableware, includes cultural storytelling.



PLEASE NOTE

Pre-booking is required for all paid activities. We recommend booking early, as spaces fill quickly.



Our Commitment to Conservation & Community

We're proud to partner with local communities to create immersive guest experiences that build respect for wildlife, culture and the land, and to work with leading scientists to support the conservation of the Arctic regions.

Empowering Local Development

We champion Arctic communities' goals for economic development and sustainable tourism through local hiring, infrastructure support, and advance visit planning.

Investing Directly in Communities

With guest support, we help fund community-led projects—from food banks to cultural and language-based programs.

Co-creating with Community Partners

By partnering with local groups, we create authentic guest experiences—such as our two Tundra to Table programs. Tundra to Table: Inuit Culinary Experience, developed with Igapall, enables Inuit chefs to share Greenlandic cuisine and culture. Tundra to Table: Iceland, which takes guests on a culinary journey through Iceland, the Faroe Islands and Greenland, is created in partnership with local culinary experts. These programs are available on select *Ultramarine* itineraries that operate in Greenland, the Canadian High Arctic and Iceland.

To also learn about our conservation efforts, and how we connect guests to the natural world through hands-on experiences and education, visit us online at Community & Conservation.





Community

We deliver authentic experiences for our guests that benefit local partners and the communities we visit.



Departure Date

Greenland to Newfoundland: Mountains, Wildlife and Viking History

ULTRAMARINE

Dates	*Days*	*Start / End*	Paddling Excursion	Tundra to Table	Flightseeing
ARCTIC 2027					
SEP 13 – 26, 2027	15	Reykjavik / St.John's	$	$	Included

Raise a Glass and Stay Connected

See below for specifics on our complimentary Wi-Fi and bar service.



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

- One 10-15 minute heli flightseeing excursion
- An official Quark Expeditions® parka to keep
- Leadership throughout your voyage by our experienced Expedition Leaders, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible.)
- Complimentary select beer, wines and cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting the expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- Hair dryer and bathrobes in every cabin
- Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.) Note: Internet access in the polar regions is subject to geography, climate, and other factors beyond our control.
- All miscellaneous service taxes and port charges throughout the program
- All luggage handling aboard the ship

*CHARTER FLIGHT & HOTEL PACKAGE INCLUDES:

- One night's pre-expedition hotel accommodation in Reykjavik
- Group transfer from the Reykjavik hotel to the airport on Day 2
- Charter flight between Reykjavik and Kangerlussuaq
- Transfer to the ship at Kangerlussuaq

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

- Charter Flight & Hotel Package*
- International airfare
- Arrival and departure transfers in Reykjavik and St. John's
- Passport and visa expenses
- Canadian eTA required for non-Canadian or U.S. visa-exempt passengers
- Government arrival and departure taxes not mentioned above
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- Laundry, bar, spa and other personal charges unless specified
- Phone charges may vary by location
- Voluntary gratuity at the end of the voyage for shipboard staff and crew
- Additional overnight accommodation
- Adventure Options not listed in Included Activities



Your Expedition Team

Our Expedition Leaders and their teams bring diverse expertise in subjects as varied as polar history, marine biology, glaciology, ornithology and photography. Their knowledge and enthusiasm will greatly enhance your immersion into the polar environment and further deepen your connection to the Arctic.

With over 30 years of experience bringing passengers to remote polar regions and an industry-leading staff-to-guest ratio, we know how to safely handle the unexpected. Ensuring this hard earned experience is passed on, our expedition staff receive comprehensive training in Quark Academy, which provides hands-on polar expedition training prior as part of our onboarding process as well as ongoing training for experienced staff.





On-Ship Dining

Every on-board meal is included in the cost of your trip.



12 BREAKFASTS



12 LUNCHES



12 DINNERS

If there's one constant on board, it's incredible food. You enjoy three delicious meals daily—all included. Let us know before your expedition about any dietary restrictions.

Breakfasts and lunches are typically buffet-style, while dinners are plated. À la carte meals are made at the time of your order, ensuring top quality every time.

Coffee, tea, cocoa, and water stations are available—at no charge—24/7. Complimentary soft drinks and juices are served during meals and when the bar is open. Bonus: enjoy complimentary alcohol throughout your voyage (see "Raise A Glass" sidebar for details).

Premium wines and champagne are available for purchase. Our well-stocked bars are open late morning, afternoon, and evening—hours may shift slightly to accommodate the expedition schedule.

Raise A Glass

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinner—throughout your voyage—as part of our "Raise A Glass and Stay Connected" Program.



Possible Excursions

Greenland

ILULISSAT

Ilulissat (formerly Jakobshaven) lies approximately 350 kilometers (215 miles) north of the Arctic Circle. With a population of 4,500, it is the third-largest city in Greenland after Nuuk and Sisimiut. Founded in 1741 as a trading post by Danish trader Jacob Saverin, Ilulissat today is the region's center for shrimp-fishing. Directly translated, "Ilulissat" is the Kalaallisut word for "icebergs." The town is situated 2 kilometers (1.25 miles) north of the legendary Ice Fjord, through which colossal icebergs travel out to sea.

Ilulissat is also the birthplace of noted polar explorer and anthropologist Knud Rasmussen, Greenland's revered native son. Visitors can enter the house where he was born in 1879 as it's now a small museum dedicated to his achievements. From 1906 until the early 1930s, Kununnguaq, or "Little Knud," devoted his life to Arctic studies. His greatest achievements include the Danish Ethnographical Expedition to Arctic North America, also known as the Fifth Thule Expedition, which enabled Rasmussen and his team to extract archeological, geographical and natural history data from Greenland right across the North American Arctic.

KANGERLUSSUAQ

Kangerlussuaq sits at the head of the 190-km (118-mile) fjord that shares its name. The tiny town has Greenland's largest airport and a distinctive history. Although Inuit and their predecessors occupied or visited the area centuries ago, Kangerlussuaq's modern incarnation dates back to beginning of World War II when Greenland was occupied by American forces, who used Kangerlussuaq as their air base.





SISIMIUT

Sisimiut is located just above the Arctic Circle on the west coast of Greenland, approximately 320 kilometers (200 miles) north of Nuuk. The second-largest city in Greenland, Sisimiut has been inhabited for thousands of years. It's a city of contrasts: in a single day you can walk in the footsteps (and observe the homes) of prehistoric peoples, and next you'll visit one of Sisimiut's fashionable craft stores to purchase art that combines traditional and modern techniques. Sisimiut means "the residents at the foxholes." The site has been inhabited for the last 4,500 years, first by peoples of the Saqqaq culture, then Dorset culture, followed by the Thule people, ancestors of the modern-day Inuit.

Canada

KEKERTON ISLAND AND PANGNIRTUNG

Wandering the Kekerten Island Whaling Station National Historic Site, on this uninhabited island in Nunavut, it's easy to imagine life at the height of the whaling era in Cumberland Sound. This whaling site was charted by Scottish whaler Captain William Penny in 1840 and soon became a major whaling destination. The site was abandoned around 1926, prompted by the decline of the whaling industry, and by the relocation of local Inuit families to the mainland community of Pangnirtung, about 30 kilometers (18 miles) away, where a trading post was established by the Hudson's Bay Company. As you

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.



cruise toward picturesque Pangnirtung, you'll see why this Inuit hamlet at the mouth of the Pangnirtung Fjord is called the "Switzerland of the Arctic." Tucked beneath the snow-capped peaks of Mount Duval, Pang, as it's known locally, is also a renowned artists' haven. Stop by the studio at the Uqqurmiut Centre for Arts & Crafts to view drawings, prints and paintings. Here, you'll also get a sense of traditional Inuit activities, such as sealing, fishing and hunting.

L'ANSE AUX MEADOWS NATIONAL HISTORIC SITE

L'Anse aux Meadows National Historic Site, a highly-regarded UNESCO World Heritage Site on the northern tip of Newfoundland, is the only confirmed Norse or Viking colony in North America. Historians believe the settlement, which dates back to 1000 AD, was established by Norse explorer Leif Erikson, son of Erik the Red. Visitors can explore reconstructed Norse buildings and learn about Viking life through exhibits and guided tours, which offer a fascinating glimpse into early transatlantic voyages by wooden long boats, and Norse culture.

MONUMENTAL ISLAND

Located just off the southeast shore of Baffin Island, Monumental Island—Oomienwa in Inuktitut—was named by Arctic explorer Charles Francis Hall in honor of Sir John Franklin, who vanished searching for the Northwest Passage. Barren, rocky, and windblown, the island sits at a confluence of currents where black guillemots thrive in summer, nesting and fledging in great numbers. Monumental is also known for walruses with massive tusks, often seen at haul-outs. Shoals trap icebergs drifting south, and Zodiac cruising along Davis Strait is unforgettable.

NAIN, NUNATSIAVUT

Nain, the administrative capital of Nunatsiavut, the semi-autonomous region in northern Labrador claimed by the Inuit, offers a unique glimpse into Inuit culture and history. Upon arriving in this remote coastal town, you'll see colorful houses dotting the rugged landscape. The Illusuak Cultural Centre, a distinctively modern landmark, invites visitors to learn about Labrador Inuit heritage through interactive exhibits, artwork, and cultural programs. There's also the historic Moravian Mission complex, on the site of the original settlement established in 1771. You can get a sense of the centuries-long cultural exchange between Inuit and European missionaries. Sample traditional foods such as arctic char and cloudberries, or join a guided hike to enjoy the scenic views of the surrounding mountains and sea.







SAGLEK FJORD AND SILLUAK

At the southern border of Torngat Mountain National Park, we will sail through the stunning Saglek Fjord toward Silluak (North Arm). Keep an eye out for whales, seals and icebergs, all framed by towering fjord walls that reach up to 900 meters (3,000 feet). Silluak is an archaeologically rich area where it's possible to see Inuit tent rings, food caches, burial sites, and the stone hunting blinds used for observing caribou movement. If conditions allow, it may be possible to hike to a waterfall. For the more adventurous, a refreshing dip in the cool waters awaits.

ST. JOHN'S, NEWFOUNDLAND

One of the oldest cities on the continent, St. John's has much to entice world travelers, from its trademark charm and Celtic music to its jelly bean-colored row houses and kitchen party traditions. As North America's easternmost city, it offers a distinctive maritime experience. Take the opportunity to extend your stay and explore the city's rich cultural heritage at The Rooms, a museum-art gallery complex with panoramic harbor views. The windy—and famously hilly— streets of St. John's are home to an eclectic mix of boutiques, pubs, and restaurants serving local food, especially from the sea. For a taste of nature, hike the scenic trails of Signal Hill or the rugged coastline at Cape Spear.

TORNGAT MOUNTAINS NATIONAL PARK

Established in 2008, Torngat Mountains National Park is home to Canada's highest mountains east of the venerable Rocky Mountains. The Torngats reach 1,652 meters (5,420 feet) above sea level. The 10,000 square-kilometer (3,861 square mile) park encompasses breathtaking fjords, dramatic glacial formations, stunning landscapes and diverse wildlife, such as boreal woodland caribou, black bears, Labrador wolves, red and Arctic foxes, polar bears and peregrine falcons. The vast wilderness park is located at the northern edge of the semi-autonomous Nunatsiavut territory, which was recognized as the homeland of the Labrador Inuit in 2005. Torngat, in Inuktitut, means "place of the spirits."







What to pack on your Arctic expedition

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

BY SEA

All transfers ship to shore and Zodiac/ship cruising.

- ☐ Waterproof pants (mandatory for every Zodiac ride)
- ☐ Base-layer wool or synthetic top*
- ☐ Base-layer wool or synthetic bottom*
- ☐ Mid-layer warm or fleece top*
- ☐ Mid-layer warm or fleece bottom*
- ☐ Warm hat that covers ears (bring an extra)
- ☐ Scarf, buff, or other face protection
- ☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- ☐ Waterproof gloves or mitts (bring an extra, lighter pair for hiking)
- ☐ Glove liners*
- ☐ Hand and feet warmers*
- ☐ Binoculars
- ☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- ☐ Ski goggles (for Zodiac cruising on snowy or windy days)
- ☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera & gear dry)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- ☐ Hat, buff or scarf (for wind and weather protection)
- ☐ UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)
- ☐ Collapsible walking sticks for hikes (if required) Quantities are available to borrow on every vessel
- ☐ Additional reusable (thermos-regulating) water bottle (in addition to the reusable collapsible water bottle provided)

TO WEAR ON BOARD

- ☐ The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center and other indoor activities)
- ☐ Swimsuit for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Earplugs and eye masks for sleeping
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Credit card and small amount of local currency (see pre-departure book for more details)

› To view our packing checklist online, visit: QuarkExpeditions.com/What-to-Pack/Arctic
› Related topics are covered on our Frequently Asked Questions page: QuarkExpeditions.com/Frequently-Asked-Questions

Scan this QR code or click here to watch our video on what to pack before you go.

WEATHER CONDITIONS & TEMPERATURES
Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



To book your next adventure

Contact your Travel Professional or a Quark Expeditions® Polar Travel Adviser

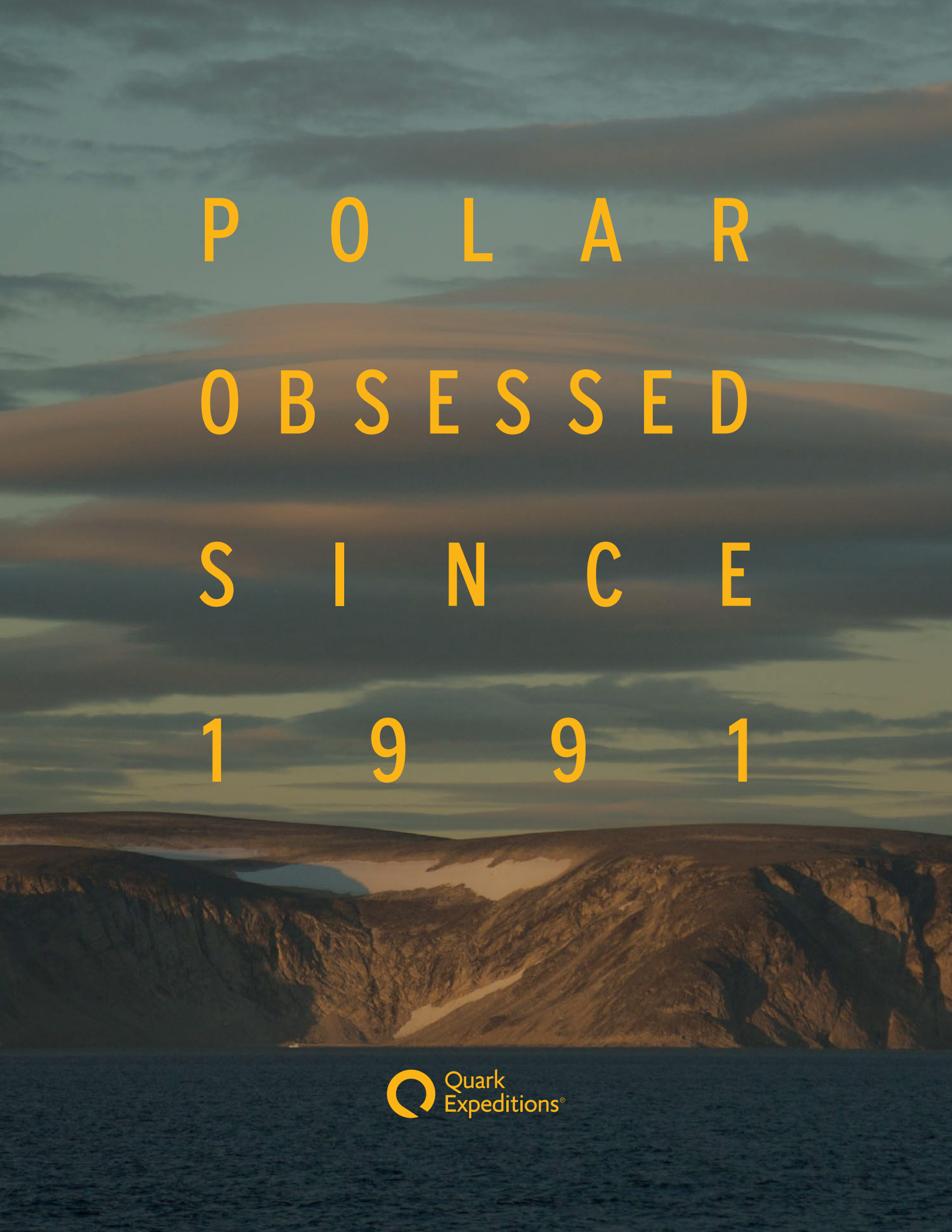
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PHOTO CREDITS: (over all Expedition Brochures for the Arctic 2027 season):
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