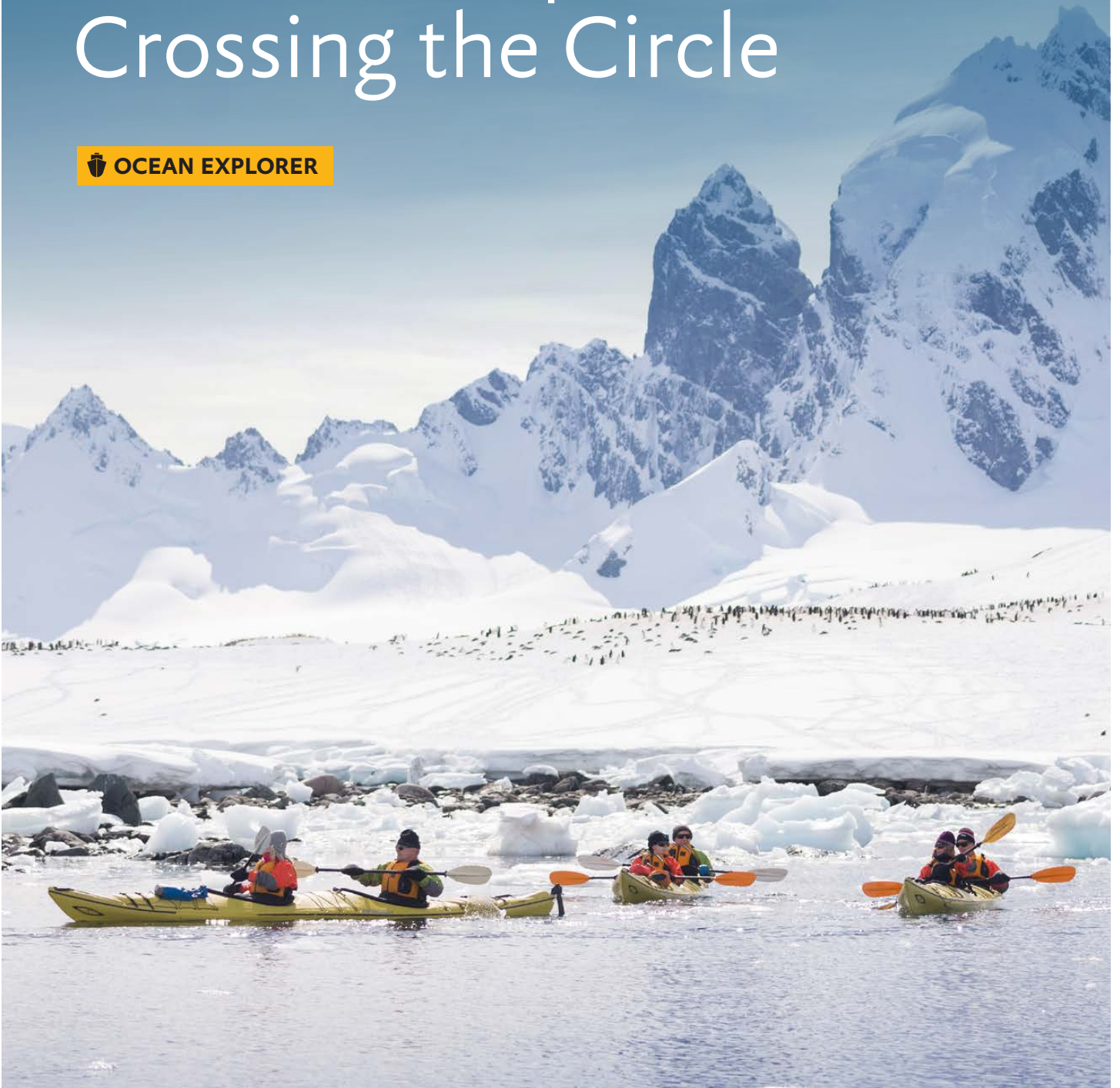


ANTARCTIC 2026/2027

Antarctic Express: Crossing the Circle

 OCEAN EXPLORER



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Expedition Overview

Antarctic Express: Crossing the Circle

Antarctica offers so many extraordinary things to see and do, and traveling with Quark Expeditions offers multiple options to personalize your experience. We've designed this guide to help you identify what interests you most, so that you can start planning your version of the perfect expedition to the 7th Continent.

Check off a travel milestone by crossing the Antarctic Circle with the best expedition team in the industry. Fly over the notorious Drake Passage by charter plane to land at King George Island before exploring the Antarctic Peninsula by ship. Simply combine our exciting *Crossing the Circle: Southern Expedition* itinerary with a direct round-trip flight from Chile to your polar-ready ship, to enjoy our 11-day *Antarctic Express: Crossing the Circle* voyage. Then, explore the wonders of the Antarctic Peninsula by sea, and continue further to reach 66°33' south. Check other achievements off your bucket list as well, such as sea kayaking through channels dotted with icebergs.

Antarctica has been inspiring explorers for centuries and our expeditions offer the chance for you to discover why. We're excited to host you on your unforgettable adventure. Feel free to reach out to our team of Polar Travel Advisers who can answer your questions and provide assistance at any time.



HIGHLIGHTS



Fly over the Drake Passage and experience the fastest, most direct way to Antarctica



Witness iconic Antarctic wildlife, such as penguins, seals and whales



Marvel at Antarctic Peninsula highlights, including crossing the Antarctic Circle



Celebrate crossing the Antarctic Circle with a toast



Enjoy presentations on wildlife, history, glaciology and geology by our onboard polar experts



Itinerary

DAY 1 | ARRIVE IN PUNTA ARENAS, CHILE

Your adventure begins in Punta Arenas, Chile, the most populated city in southern Patagonia. If you arrive early, there are many museums, restaurants and shops to keep you busy for days. By early afternoon, a Quark Expeditions representative will meet you at the official starting point hotel, where you'll enjoy a welcome dinner and be briefed on preparations for your embarkation day.

DAY 2 | FLY TO KING GEORGE ISLAND AND EMBARK

Your charter flight from Punta Arenas to Antarctica enables you to cross the legendary Drake Passage in only two hours, while far below your ship will approach King George Island for your

arrival. Your first glimpse of dramatic Antarctic landscapes will be from a unique perspective, as your plane descends for landing in the South Shetland Islands. After landing, make your way to the shore, before being transferred by Zodiac to your ship to set sail for the Antarctic Peninsula.

DAYS 3-5 | ANTARCTIC PENINSULA AND SOUTH SHETLAND ISLANDS

There are few places in the world as evocative as Antarctica. The Antarctic Continent is indescribable and can only be fully appreciated through your own eyes.



ANTARCTIC EXPRESS Crossing the Circle

- Onboard *Ocean Explorer*
- - - - - Flights to/from Punta Arenas

Even more exciting are your land excursions. Your first Zodiac landing is something you'll never forget. Setting foot on a beach inhabited by thousands of penguins is the most intimate way to experience the unique wildlife of Antarctica.

Each landing is different and dependent on weather, but every day presents new sightings and photo opportunities, and it won't be long before you can tell the difference between an Adélie, gentoo and chinstrap penguin.

You may take a Zodiac cruise in search of whales and icebergs one day, followed by a hike to a penguin rookery the next day. From the booming sound of a calving glacier to the thrill of spotting apex predators like leopard seals and orcas in action, you'll wake up early and

welcome each day with a sense of adventure and a desire to explore this unrivaled wilderness experience.

Your Expedition Team will accompany you along the way, ensuring safety and providing insights into the places you visit. Our expert education team will also provide in-depth explanations of the glaciology, history and wildlife of the region.

DAYS 6 & 7 | ANTARCTIC CIRCLE

Crossing the Antarctic Circle is both a memorable experience and impressive achievement, as few travelers reach so far south. If conditions allow us to cross this famed latitude of 66°33' S, we'll toast the first explorers who ventured here, and you can raise a glass and take pride in knowing you've made it to a part of the world visited by very few people. This

is raw Antarctica, home of the midnight sun, Weddell seals, and your best chances of encountering sea ice – the foundation of the Antarctic marine ecosystem.

DAYS 8 & 9 | NORTHBOUND ALONG THE PENINSULA

If you haven't had your fill of Antarctic wildlife and icebergs by now, you'll surely be satisfied by the time you return to King George Island. You will continue to explore by Zodiac or on land as you travel north along the western Antarctic Peninsula.

Your Expedition Team will always be on the lookout for species of seabirds, seals and whales that may have eluded you on your journey south.



DAY 10 | DISEMBARK AND FLY TO PUNTA ARENAS

After your week of exploration, you'll say goodbye to your Expedition Team and disembark at King George Island. Your two-hour flight across the Drake Passage to Punta Arenas, Chile, brings your adventure to an end. After your group transfer to the hotel, you are free to explore and enjoy an evening on your own, in the city or at the hotel to reminisce about the sights and sounds of Antarctica.

DAY 11 | DEPART PUNTA ARENAS

After breakfast, you are welcome to continue on your own travels or make your way to the Punta Arenas airport for your homeward flights.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.





Arrival and Departure Details, and International Flight Planning



As you prepare for your journey, you may be interested in your arrival and departure details. Since international air transportation is not included in the cost of your expedition, you have some flexibility in planning your flights.

Arrival Day and Embarkation

DAY 1 — ARRIVING IN PUNTA ARENAS AND HOTEL NIGHT

We ask all guests to be at the hotel in Punta Arenas by 3 pm latest. If you are arriving to Punta Arenas on Day 1 we recommend booking a flight or bus that arrives by 1pm to give yourself plenty of time. For those arriving by air on Day 1, you will be greeted at the airport and transferred to the included group hotel. For passengers arriving before Day 1 of the itinerary, taxis are available to take you from the airport to your hotel.

On arrival at your included hotel, either check in, and then make your way to the Quark Expeditions meeting room, or if you have arrived before check-in begins at 3 pm, you can head directly to the meeting room, which is open from 12 pm. Here you will collect your boots and parka, which you will need for the following day's flight. You will also need to bring the luggage you are planning to travel with to the meeting room, to have it weighed and checked for biosecurity clearance, which may involve vacuuming out any debris from outer clothing and backpacks, part of our commitment to protecting the sensitive Antarctic environment. After these procedures, the mandatory briefing will start at 6 pm in the meeting room. A welcome dinner hosted by a Quark Expeditions representative will follow the briefing.

PLEASE NOTE

It is important that you arrive at the hotel in Punta Arenas no later than 3 pm, in order to have time for check in, luggage weighing and tagging, boot and parka distribution, and biosecurity clearance, prior to the mandatory briefing at 6pm.

DAY 2 — FLIGHT TO KING GEORGE ISLAND AND EMBARKATION

Your flight to Antarctica is expected to depart from Punta Arenas for King George Island on Day 2 of your itinerary, after breakfast. Although the flight is scheduled to depart first thing in the morning, there is significant variability based on weather conditions. You should be prepared to depart the hotel for the airport on our group transfer at any time.

CONTINGENCY PLAN

In the unlikely event that the plane is unable to depart on the planned date of the charter flight, you will be provided with a night of hotel accommodation in Punta Arenas, meals included. You may be required to be on standby and remain close to the hotel, as a weather window may open with very little notice. If the weather is not suitable on Day 3, you will enjoy additional nights of accommodation and meals in Punta Arenas. On Day 4, should the charter flight not be able to take off, Quark Expeditions will officially cancel the voyage and provide a letter for you to submit to your travel insurance provider for coverage of flight changes and other associated non-cruise costs under the trip delay/interruption and cancellation clause.

Quark Expeditions will make every effort to ensure that your program takes place, but due to complex and variable weather conditions, flying in this region is challenging and is beyond our control. Safety is paramount to your expedition, and our pilots follow strict weather assessment procedures. Quark Expeditions will offer a refund of your cruise package and any adventure options in the event of a cancellation as a result of the charter flight being unable to depart as planned.

We strongly recommend that all expedition guests purchase a comprehensive travel insurance policy, including trip delay, cancellation and interruption insurance, in addition to the required medical coverage.

In the event of a cancellation, Quark Expeditions is not responsible for any air ticket change costs you may incur. We recommend booking flexible international air tickets. Please ask your Polar Travel Advisor about travel insurance.

CHARTER FLIGHT LUGGAGE LIMIT

This expedition includes a charter flight between Punta Arenas, Chile, and King George Island, Antarctica. This package includes one checked bag (maximum 33 lbs /15 kgs) and one cabin bag (11 lbs/ 5 kgs). There are no options to pay for additional luggage, but additional luggage may be stored at the hotel in Punta Arenas. LIMITS ARE STRICTLY ENFORCED.



Disembarkation, Final Day and Departure

DISEMBARKATION AT KING GEORGE ISLAND

Ship disembarkation will generally occur in the late morning, on King George Island. After you disembark, you will take a short one-mile walk (1.6 km) from the beach to the airport to meet your plane. Your luggage will be transferred to the plane. After a two-hour flight, you will land at the Punta Arenas airport (PUQ).

DEPARTING FROM PUNTA ARENAS

On arrival in Punta Arenas, you will be transferred from the airport to your post-expedition hotel for one final night.

Arrival and Departure Transfers

PUNTA ARENAS AIRPORT TRANSFERS

ARRIVAL: Upon your arrival in Punta Arenas, a group transfer is included from the airport to your included pre-expedition hotel on Day 1 of your itinerary. Group transfers are also included in conjunction with the charter flights to and from Antarctica.

DEPARTURE: A departure transfer in Punta Arenas is not included, however your Travel Professional or Polar Travel Advisor can arrange one for you.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions at least 30 days prior to traveling.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel will be indicated on your final voyage confirmation. Hotel accommodation is also provided for the final night at the end of your voyage. If you are arriving prior to Day 1 of your expedition and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.





Included Activities

These are included in your trip package.



Ready for a little adventure beyond your ship? Each Quark Expeditions voyage offers a variety of immersive off-ship activities to enhance your polar experience.

ZODIAC CRUISING

Zodiacs—rugged inflatable watercraft—are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition

staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

HIKING

Hiking in Antarctica is free-form and supervised by our expert staff, who set out a perimeter or paths at each landing site within which you are free to explore. While you hike, staff will be available to enhance your experience by answering questions about the wildlife, history and geography of the area.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Antarctic waters under the watchful eye of our staff—and just about every single camera on board.

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guide will help you hone your skills to capture the beauty of the polar regions.

More information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.



Adventure Options

These activities cost extra and must be booked in advance of your trip.



PLEASE NOTE

Pre-booking is required for all paid activities as there's no guarantee of available spaces by the time you board your ship. Book early as spaces fill quickly.

SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.

PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time

paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of paddlers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Pre-book into one of two priority groups. Any subsequent excursions can be booked on board, and groups will be assigned via a lottery as spaces are limited.



Departure Date

Antarctic Express: Crossing the Circle

OCEAN EXPLORER			Adventure Options		
Dates	Days	Start / End			
ANTARCTIC 2026/2027					
JAN 22 - FEB 1, 2027	11	Punta Arenas	\$	\$	

Raise a Glass and Stay Connected.
See below for specifics on our complimentary Wi-Fi and bar service.



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

For all voyages:

- An official Quark Expeditions parka to keep
- Leadership throughout the voyage by our experienced Expedition Team, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage.
- Complimentary select beer, wines and select cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting your expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- Hair dryer and bathrobes in every cabin
- All miscellaneous service taxes and port charges throughout the program

- All luggage handling aboard the ship
- A group arrival transfer in Punta Arenas from airport to pre-expedition hotel on Day 1
- One night's pre-expedition hotel accommodation in Punta Arenas with breakfast. (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
- *Ocean Explorer* guests enjoy complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.)
- A briefing dinner on Day 1 in Punta Arenas
- A pre-expedition group transfer in Punta Arenas from the hotel to the airport
- Flights to and from King George Island
- A post-expedition group transfer in Punta Arenas from the airport to the hotel
- One night's post-expedition hotel accommodation (with breakfast) in Punta Arenas, as well as luggage storage.

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

For all voyages:

- International airfare
- Passport and applicable visa expenses
- Government arrival and departure taxes not mentioned
- Meals unless otherwise specified
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Our complimentary alcohol and bar service does not include spirits
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac landing and cruising excursions, or any other gear not mentioned
- Laundry, spa services and other personal charges, unless specified
- Phone charges may vary by location
- Our complimentary data card does not include Premium packages which enable more data-intensive applications
- Voluntary gratuity at the end of the voyage for expedition staff and shipboard crew
- Additional overnight accommodation
- Arrival and departure transfers, except where explicitly stated
- Adventure Options not listed in Included Activities.



Your Expedition Team

Our Expedition Leaders are proudly and unapologetically polar-obsessed. They focus exclusively on Arctic and Antarctic exploration, and they draw on 34 years of polar expertise. They obsess over every detail of your voyage—on ship and off ship. Our Expedition Leaders spend their careers—it's a life calling, actually—feeding and sharing their passion for the Polar Regions. And they're driven to ensure you experience polar moments no one else can offer.

Our Expedition Leaders are experts in polar history, marine biology, glaciology, ornithology photography and other subjects. They're trained to handle the unexpected. All staff undergo comprehensive training at Quark Academy, which provides hands-on polar expedition training to new and experienced team members.





Extend Your Trip

PRE- AND POST-EXPEDITION TRIP EXTENSIONS

Since you're traveling such a long way, you may want to spend extra time in Santiago. Chile's capital city has a rejuvenating and modern vibe. Its cool, cultural current resonates, from the hillside parks to the sidewalk cafés. The city's burgeoning culinary scene is fast becoming Santiago's calling card. Enjoy new wine bars, tapas cafés and high-end restaurants. Make neighborhood-hopping a holiday highlight and head to trendy Barrio Lastarria, Barrio Italia and Bellavista, the city's boho quarter.

To discover the best options for extending your adventure, get in touch with your Travel Professional or a Polar Travel Adviser for seamless, worry-free booking of all trip extensions.

Raise a Glass and Stay Connected

See below for specifics on our complimentary Wi-Fi and bar service.



Meals on Board

If there is one constant on board, it is that you'll enjoy delicious meals daily. While meal times may change due to landings and wildlife sightings, you'll always be served three well-prepared meals per day. Most dietary restrictions can be accommodated by letting us know prior to your expedition.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top-quality meals during the course of your expedition.

Complimentary coffee, tea, cocoa and water stations are available around the clock, while soft drinks and juices are available during meals and when the bar is open—all included in the cost of your package.

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinner as part of our "Raise a Glass and Stay Connected Free" program. Premium wines and champagne are available at extra cost and can be billed to your shipboard account. The well-stocked bars on the ship are open late morning, afternoon and evening, though hours may occasionally change to accommodate the expedition schedule.





Possible Excursions

When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. The following sites are a sample of what you may experience on your expedition, whether by ship, Zodiac cruise, or shore landing.

Antarctic Peninsula

ANTARCTIC CIRCLE

Although not a shore landing, the crossing of the Antarctic Circle is a moment to remember for life. The event will happen while at sea, so be sure to head out on deck to toast the achievement.

CIERVA COVE

Cierva Cove boasts jaw dropping icebergs and a glaciated backdrop. A massive glacial face regularly calves into the bay, leaving often spectacular floating ice. Seals can be spotted on ice floes, and later in the season, humpback whales occasionally feed in the icy waters.

CUVERVILLE ISLAND

A gentoo penguin rookery is situated on a rocky beach at the north end of the island. Depending on when in the season you arrive, you may see the penguins building nests or attending to their chicks. Giant petrels and kelp gulls breed on the island.

DAMOY POINT

Damoy Point is the site of a historical ice runway used by the British Antarctic Survey for their flights further south since 1975. The well-maintained hut was used as a staging-post to store supplies and for accommodation while awaiting ideal flying conditions. The point is also home to a penguin rookery and allows for spectacular views of the mountains of Anvers Island.

DANCO ISLAND

Home to gentoo penguins, this small dome-shaped island provides you with a stunning view of the Errera Channel and excellent Zodiac cruising opportunities.



DETAILLE ISLAND

Detaille Island lies in Lallemand Fjord, just south of the Antarctic Circle. The hut at this site is the British Antarctic Survey's Station W, which was evacuated in 1959 when sea ice and weather made relief by ship impossible, and base personnel were forced to close the station and transfer to Station Y at Horseshoe Island. Research undertaken at Detaille Island site focused on surveying, geology and meteorology. The hut was cleaned up by the British Antarctic Survey in 1996-97, and more recently restored by the UK Antarctic Heritage Trust.

ENTERPRISE ISLAND

Located in Wilhelmina Bay, this island's protected coves were once used by whalers. A Zodiac cruise exploring the island passes the rusting remains of a wrecked whaling ship, and provides opportunities to search for humpback whales.

LEMAIRE CHANNEL

One of the most scenic locations on the peninsula's west coast, this dramatic strait runs between the towering cliffs of Booth Island and the Antarctic Peninsula. The channel may become impassable when ice fills the narrow, 6.8-mile (11 km)-long passageway, so we'll hope for clear waters.

MELCHIOR ISLANDS

This group of low, glaciated islands in Dallmann Bay is where you may see hauled-out male fur seals as they recuperate from their battles for supremacy at the end of their breeding season.

NEKO HARBOUR

Little evidence remains that this bay was once used by the floating whale factory ship *Neko*. You might see whale vertebrae being used by resident gentoo penguins as shelter from the wind.

PETERMANN ISLAND

Here, near the Lemaire Channel, you can stand ashore and see the southernmost breeding colony of gentoo penguins. Adélie penguins, shags and south polar skuas also inhabit the island.

PORT LOCKROY

As part of Operation Tabarin during the Second World War, a secret British base was built in this sheltered harbor, located on the west side of Wiencke Island. Now a designated historic site, the base is a museum and post office. Proceeds from your purchases in Port Lockroy support the UK Antarctic Heritage Trust, which preserves British and other historic sites dating to the Heroic Age of Exploration. A large gentoo penguin population resides here.



STONINGTON ISLAND

Two abandoned research stations can be found on this island south of the Antarctic Circle. The first women to overwinter in Antarctica were housed at East Base. The British built Base E is about 656 feet (200 m) away from East Base, which was built by the United States Antarctic Service Expedition.

WATERBOAT POINT

A surveyor and a geologist lived in a makeshift shelter utilizing an up-turned water boat on this point from 1921 to 1922. The remains of their camp have been designated an Antarctic historic site. The aptly named Waterboat Point is also home to a Chilean Antarctic research station, named González Videla Base after the first sitting head of state to visit the Antarctic continent. When the base is manned, you may be welcomed inside for a visit by the base personnel, or you may visit the resident nesting gentoo rookery if the base is inactive.

YALOUR ISLANDS

These islands were named for an Argentine Navy lieutenant who rescued the shipwrecked members of the Swedish Antarctic Expedition in 1903. Approximately 8,000 pairs of Adélie penguins nest in the islands, sometimes parading for visitors. Yellow lichens and grass give color to the landscape, and icebergs are easy to spot from your Zodiac cruise.

South Shetland Islands

AITCHO ISLANDS

This group of small islands is situated in the northern entrance of the English Strait. You can often spot a great mix of wildlife in the area, with gentoo and chinstrap penguins having established rookeries on the islands. Southern elephant and fur seals frequently haul out here, too.

DECEPTION ISLAND

Deception Island is a flooded circular caldera formed by the collapse of an active volcano. To reach this protected harbor, it is necessary to sail through a narrow passage called Neptune's Bellows. Inside are several bays used at various times for whaling and scientific research. Along with waddling penguins and lounging seals, you'll see the rusting remains of whaling operations on the beach in some locations. The landscape of Deception Island often presents opportunities for longer walks to striking vistas. The stark contrast between snow and dark volcanic sand and the steam along the shoreline from geothermic activity when the tide is right, gives this location an atmospheric feel.



HALF MOON ISLAND

This crescent-shaped island was known to sealers as early as 1821. While they tried to keep this productive location secret, we're happy to bring you ashore on this impressive island. Many Antarctic birds breed here, including chinstrap penguins, shags, Wilson's storm petrels, kelp gulls, snowy sheathbills, Antarctic terns and skuas.

HANNAH POINT

On the southern coast of Livingston Island at Hannah Point, you may see chinstrap and gentoo penguin rookeries, along with the occasional breeding macaroni penguin. Due to the rather congested area available to the nesting penguins, we are able to visit here only after January 10.

PENGUIN ISLAND

Antarctica has two flowering plants, both of which you can find on Penguin Island: Antarctic hair grass (*Deschampsia antarctica*) and Antarctic pearlwort (*Colobanthus quitensis*). Chinstrap penguins, fur seals and southern elephant seals can also be spotted here.

ROBERT POINT

A beautiful spot for Zodiac cruising, this point was known to sealers as early as 1820. Chinstrap penguins, kelp gulls and pintado petrels breed here, and whales may be seen in the surrounding waters.

TURRET POINT

Chinstrap and Adélie penguin rookeries are found on this point, situated on the south coast of King George Island. The beaches here are often crowded with southern elephant, fur and Weddell seals hauled out on the rocks.

YANKEE HARBOUR

Gentoo penguins have established a rookery at this harbor, situated on the southwest side of Greenwich Island. Here, you can see an abandoned Argentine refuge hut and a large glacier that stretches along the east and north sides of the bay. An abandoned sealing try pot is all that remains of the activity that brought men thousands of miles in tall ships to seek their fortune. Enjoy a rare chance for a longer walk along the expansive beach, dotted with historical artifacts and wildlife.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, the ice and the weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.



What to pack on your Antarctic expedition

BY SEA

All transfers ship to shore and Zodiac/ship cruising.

- ☐ Waterproof pants (mandatory for every Zodiac ride)
- ☐ Base-layer wool or synthetic top*
- ☐ Base-layer wool or synthetic bottom*
- ☐ Mid-layer warm or fleece top*
- ☐ Mid-layer warm or fleece bottom*
- ☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- ☐ Glove liners * ☐ Hand and feet warmers* ☐ Binoculars
- ☐ Waterproof gloves or mitts (bring an extra pair)
- ☐ Scarf, buff, or other face protection
- ☐ Warm hat that covers ears (bring an extra)
- ☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera and gear dry)
- ☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- ☐ Ski goggles (for Zodiac cruising on snowy or windy days)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- ☐ Hat, buff or scarf (for wind and weather protection)
- ☐ UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)
- ☐ Collapsible walking sticks for hikes (if required)
Quantities are available to borrow on every vessel
- ☐ Additional reusable (thermos-regulating) water bottle
(in addition to the reusable collapsible water bottle provided)

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

TO WEAR ON BOARD

- ☐ The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center)
- ☐ Swimsuit (for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Earplugs and eye masks for sleeping
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Credit card and small amount of local currency (see pre-departure book for more details)

- › To view our packing checklist online, visit:
QuarkExpeditions.com/What-to-Pack/Antarctica
- › Related topics are covered on our Frequently Asked Questions page:
QuarkExpeditions.com/Frequently-Asked-Questions



Scan this QR code or [click here](#) to watch our video on what to pack before you go.

WEATHER CONDITIONS AND TEMPERATURES

Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



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TOLL FREE AND LOCAL NUMBERS:

North America (Toll Free) 1 888 332 0008

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Australia Tel +61 2 72580333

Australia (Toll Free) +61 1800 953518

France Tel +33-1 80 14 01 05

France (Toll Free) 08 05 08 66 46

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